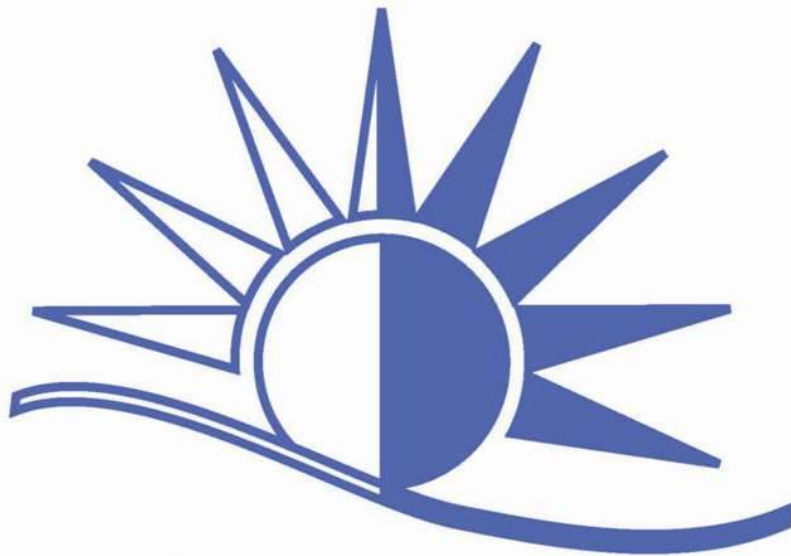


Lenawee County Resource Guide



Lenawee

community foundationTM

For **good.** For **ever.**TM

606 North Evans Street

Tecumseh, MI 49286

Phone: (517) 423-1729

Fax: (517) 301-4506

www.lenaweecf.com

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Lenawee Community Foundation

P.O. Box 142

606 North Evans Street

Tecumseh, Michigan 49286

517.423.1729

If you do not see a resource listed or would like to make corrections, please do not hesitate to contact Paula at the Lenawee Community Foundation. We are here to help.

For an electronic version of this resource guide, please visit our website at <http://www.lenaweecf.com/resource-guide/>

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Abuse and Sexual Assault Programs

Catholic Charities of Lenawee 517-263-2191 or 800-874-5936
 Catherine Cobb Safe House 517-265-5352
 Catherine Cobb Domestic Violence Shelter 517-265-6776
 Department of Human Services 517-264-6300
 Reporting abuse of Child/Adult 855-444-3911
 Region 2 Area Agency on Aging Ombudsman 866-485-9393

Animals

Lenawee Humane Society 517-263-3463
 Treasurer's Office Dog Licenses 517-264-4554
 Lenawee County Pet Project 517-264-0782
 Red Rover Relief www.redrover.org/redrover-relief-grants

Child Services

Child Care

Child Care Network 517-264-5324
 Department of Human Services 517-264-6300
 Lenawee Great Start 517-266-4821 or www.lenaweegreatstart.org

Child Support

Department of Human Services/Office of Child Support 866-540-0008
 Child Support Complaint Hotline 866-729-5437
 Friend of the Court 517-264-4708 (Lenawee)

Parenting Assistance

Child Protective Services 855-444-3911

Online Resources:

Relax-Alternatives to Anger-for parents or general public-classes/resources

www.msue.anr.msu.edu/program/info/alternatives_to_anger

Nurturing Families Series-list of resources and classes

www.msue.anr.msu.edu/program/events/nurturing_families

Tranquil Parenting www.tranquilstudio.org 517-431-3000; Prevention of cruelty to children and provides parenting classes in abuse, divorce, and cruelty case

Guardianship Issues

Probate Court 517-264-4614

Resources for Families with Young Children

Adrian Head Start 517-263-2468 or 517-263-1122

Lenawee Great Start Collaborative 517-263-8931 (office in Porter Center)

Clothing and Household Items

Associated Charities 517-265-7255 (no cost to client)

Clinton Community Clothing Closet 517-456-6053 (available mid-August – early November)

Goodwill 517-263-2135 (low cost)

Habitat ReStore 517-266-0746 (low cost)

Salvation Army Family Store 517-263-3650 (low cost or no cost based on client needs)

Counseling

At-Home Counseling 517-673-4476

Catholic Charities of Lenawee 517-263-2191

Catherine Cobb Safe House 517-265-5352

Hospice of Lenawee 517-263-2323

Herrick Behavioral Services 517-423-3887

Lenawee Community Mental Health 517-263-8905

Recovery Lifestyles 517-265-9595

Restoration Counseling 517-920-0228

Disaster/Emergency Services

American Red Cross 517-263-1904

Associated Charities 517-265-7255

Catherine Cobb Domestic Violence Shelter 517-265-6776

Lenawee County Community Crisis Team dispatched from Community Mental Health 517-263-8905 or
1-800-664-5005

Salvation Army 517-265-2038

Victim Service Unit, Lenawee County Sheriff's Department 517-263-0524

Employment

Michigan Works! Southeast 517-266-5627

Goodwill Industries 517-263-2135

Michigan Rehabilitation Services 517-263-0607

Department of Human Services <http://www.michigan.gov/helpinghand>

Foster Grandparent Program 517-264-5280

Veterans' Employment & Training 517-266-5627

Region 2 Area Agency on Aging 800-335-7881

Food Assistance

Department of Human Services: Supplemental Nutrition Assistance Program (SNAP) 517-264-6300

<http://www.michigan.gov/helpinghand>

ADDISON

Addison Congregational Church Food Pantry

202 S. Talbot St.

Contact: 517-547-5527

Serving Addison area, last Thursday of the month from 3-5 pm or by appointment in case of emergency

ADRIAN

Adrian First Church of the Nazarene

50 Industrial Court

Tuesday 10:00am – 2:00pm 517-263-1579

United Methodist Church

1245 W. Maple St.

Contact: Beth Wood of the Dept. on Aging 517-264-5280

For adults 60+ meeting income guidelines. Call for dates of distribution.

The Daily Bread

302 S. Tecumseh St.

517-266-0937

Serves meals on Tuesday, Wednesday, Thursday, Friday, and Saturday, from 11:30 am - 2:15 pm; Food pantry open Tuesday, Thursday, Friday 12:00-2:00 pm (Bring ID, must have ID for everyone in household)

Damascus Road

301 S Tecumseh St, Adrian, MI 49221

517-265-1900

Open Daily 8am-6pm provides warmth, hot beverages, and light snacks

Family Worship Center of Adrian-Fresh Food Initiative

1120 E. Maple

517-417-1003

2nd Saturday of the month from 9:00am-11:00am

For low income families, must bring proof of income and valid identification

Neighbors of Hope--Fishes & Loaves Food Pantry

410 East Maumee St.

By appointment only: call Judy Palmer at 517-759-4421

Saint Vincent de Paul Society, (St. Joseph Church) Food Pantry

415 Ormsby St.

517-759-9296

Monday, Wednesday and Friday from 1 - 2:30 pm

The Salvation Army

217 W. Church St.

Contact: Candy Aranda 517-265-2038

Serves hot meals on Monday and Wednesday 4:00 - 5:00 pm

Food pantry open Monday and Thursday (by appointment only) from 8:30-11:30am

Tuesday is the Fresh Food Initiative from 8:30 - 11:30 am

WIC (Women Infants and Children Program) at Community Action Agency

400 W. South St.

517-263-7861

Nutritional and educational program for pregnant or post-partum women, infants and children under age 5 (must meet income guidelines)

Saint Mary's Catholic Church Food Pantry

317 Erie St.

517-266-0378

Monday, Tuesday, Thursday 1 - 3 pm

BLISSFIELD

**First Presbyterian & Lutheran Church Meals 2nd & 4th Tuesday, Contact Judy MacBeth 517-486-4738
Blissfield Ministerial Association— ELCA Food Pantry**

Hosted at St Paul's Evangelical Lutheran Church

306 East Jefferson Street---517-486-1457

(for Blissfield, Deerfield, Palmyra, & Riga residents)

Thursdays only by appointment. Eligibility: You must be registered with DHS and receiving SNAP benefits. You may visit the food pantry once a month, up to 8 times per calendar year. Registered SNAP recipient must be present with punch card issued. Please call for further information.

BROOKLYN

Brooklyn Food Pantry

171 Wamplers Lake Rd. - Brooklyn Products Bldg.

517-612-8771

Tuesday and Thursday 10 am - 2 pm

Photo ID and current piece of mail with matching address required

(for Columbia, Napoleon, or Onsted school districts residents only)

CLINTON

Clinton Community Food Bank at Clinton United Methodist Church

(Clinton school district residents only)

10990 Tecumseh-Clinton Road

517-456-4972 Phyllis Perry

Second Thursday each month 8:30 am - Noon or in case of emergency

Solid Rock Church of Lenawee Food Pantry

112 E. Church Street

517-456-9600

Please call for an appointment

DEERFIELD

Light of Christ Catholic Church

222 Carey Street

Leave message at 517-447-3500 ext.13 Leanne Goodin

2nd & 4th Wednesdays of the month 1 - 3 pm

Residents of Deerfield, Britton, Petersburg and all our parishioners, once per month

HUDSON

Sacred Heart Catholic Church Food Pantry sponsored by Hudson Ministry Association

(must be a resident of Hudson school district)

207 S. Market St.

Fr. Krupp 517-448-3811, call Tammy to volunteer 517-448-3811

Tuesday and Thursday from 11 am - 1 pm

MANITOU BEACH

Manitou Road Baptist Church Food Pantry

175 Manitou Rd.

517-547-5516 Rev. Mark Kruchkow or Dale Willson

Second Thursday monthly

St. Mary's Church on the Lake Food Pantry

450 Manitou Rd.

517-547-7496, *Serving nearby community Fridays from 10 am – 12 am*

MORENCI

Morenci Food Pantry Church of the Nazarene

751 N. Summit St.

517-458-7195

Serves only 49256 residents, must show ID. By appt. only M, W, F 9am-1pm

Helping Hands Food Pantry *Serving the Morenci Area*

Fayette, Ohio

419-335-6150 Joan or 419-237-2301 Edith

Thursday from 1 - 6 pm at the former Gaslight Inn restaurant

TECUMSEH

God's Bread Basket Dinner's On Us

Church of Christ

312 W. Chicago Blvd.

Volunteer Coordinator Lolly 517-424-6020

Serves meals on Tuesday, Wednesday, Thursday & Friday from 6 - 7 pm

Additional meal events on Mondays, call for information

New Song Community Church

5211 South Occidental Hwy.

517-423-3676 call for appointment

Tecumseh First Church of the Nazarene

1001 N Union St.

517-423-4960

Tecumseh Service Club

Contact your local church or call TSC President Colleen Sunderland 517-423-7441

Housing & Utility Resources

Home Ownership Repair

Habitat for Humanity of Lenawee 517-265-6157

USDA Rural Development 517-676-1808

Bed Bug Detection Traps (Housing Help of Lenawee) 517-264-0782

Lenawee County Department of Veterans Affairs 517-264-5335

Home Help

Department on Aging 517-264-5280

Seniors 60 and older can get help with small chores and light housekeeping

Homeownership Help

Homeownership Education Classes, Online courses, webinars, In Person classes, resources

www.eHomeAmerica.org/msue

Homeless Education

Homeless Education Programs of Lenawee 517-266-4529 or 517-264-6640 Beth McCullough

Money Management

Classes/Online Courses www.eHomeMoney.org

Rent/Mortgage Assistance

Housing Help of Lenawee 517-264-0782

HUD/Section 8 McKinney, LLC 517-524-8783

Applications at Department of Human Services <http://www.michigan.gov/helpinghand>

Ogden Bible Church 517-265-6621

Lenawee County Department of Veterans Affairs 517-264-5335

Temporary Shelter

Catherine Cobb Domestic Violence Shelter 517-265-6776 (women & children)

Housing Help of Lenawee 517-264-0782 (families)

Neighbors of Hope 517-265-4019 (men)

American Red Cross 517-263-1904 (disaster)

Salvation Army 517-265-2038, call for more information

Share the Warmth 517-442-7821 located at the Salvation Army Oct-April

Utility Assistance

Community Action Agency 517-263-7861 ext. 224

Dept. of Human Services 517-264-6300 (clients only)

Salvation Army 517-265-2038 Candy Aranda

Assurance Wireless Michigan 888-898-4888

American Legion (Veterans only) Gary Tanner 313-550-4289

Ogden Bible Church 517-265-6621

Safe Link Wireless Program provides a free cell phone and airtime each month for eligible customers

www.safelink.com

Rent/ Mortgage/ Foreclosure Resources

Housing Help of Lenawee 517-264-0782

Community Action Agency 517-263-7861 ext. 233

Foreclosure resources www.michigan.gov/mshda

Legal Services of South Central Michigan serving Monroe & Lenawee Counties

M - F 9 am - 5 pm Closed for lunch 12 - 1 pm 888-251-1598

Fair Housing Center 877-979-FAIR or 877-979-3247

Foreclosure Resources www.hud.gov or call 800-569-4287

www.stepforwardmichigan.org or call 866-946-7432

Ogden Bible Church 517-265-6621

“Starting Over After Foreclosure Toolkit” <http://msue.anr.msu.edu/program/mimoneyhealth/startingover>

<http://msue.anr.msu.edu/program/info/mimoneyhealth> (includes resources on money management)

Legal Assistance

Legal Services of South Central Michigan 888-251-1598

Providing local assistance at Community Action Agency on the first and third Tuesday of the month from 9 am to 12 pm 888-251-1598

Elder Law of Michigan 800-347-5297

Ombudsman 866-485-9393

Medical & Dental Services

Dental

Lenawee Dental Clinic at Family Medical Center - 517-263-1800

Hours: Mon-Thurs: 8:00am-6:00pm; Fri: 8:00am-5:00pm

Website: www.familymedicalmi.org

University of Michigan Dental Clinic 734-763-6933 or 888-707-2500

Dental Association of Michigan 800-589-2632 8 am - 5 pm

Dental Care 800-850-5913

Medical

Family Medical Center of Michigan Inc., Lenawee County

1200 N. Main St., Adrian 517-263-1800

Hours: Mon-Thurs: 8:00am-6:00pm; Fri: 8:00am-5:00pm

Website: www.familymedicalmi.org

Diabetic Education Office 517-424-3388

Lenawee County Health Department – 517-264-5228 (Children’s Special Health Care Services /children with disabilities or chronic health conditions insurance program)

Macular Degeneration 517-265-6131

Physician Referral 517-265-0490

HARC - HIV/AIDS Resource Center Medical Case management/ Referrals/Prevention/Testing.

For more information call 734-572-9355 or visit www.hivaidresource.org

Optical

Programs for the insured or underinsured, please call for more information 517-265-6131 or visit

www.tlceyecare.com

Application for Medical or Dental Assistance

Department of Human Services <http://www.michigan.gov/helpinghand>

MMAP Medicare/Medicaid Asst. 517-264-5280

Lenawee County Department of Veterans Affairs 517-264-5335

Medical Prescriptions

AstraZeneca 800-424-3727

Bristol Meyers Squibb 800-736-0003

World Medical Relief Inc. 313-866-5333

Maintenance Medicine assists with medication for maintenance www.needymeds.org

Drug Cards that provide a 25-40% savings for people without prescriptions can be found at

www.rxsavingsplus.com, www.yourrxcard.com, and www.rxfreecard.com

Generic Drugs, you can find discounts with generic drugs at www.rxoutreach.com or

800-769-3880 or www.xubex.com or 866-699-8239

Locally Meijer has many free antibiotics and Wal-Mart has many \$4 scripts. To find pharmacies with the lowest prices on your medications go to www.destinationrx.com

Department On Aging 517-264-5280 provides assistance navigating prescription benefits for ages 60 and older, age 65 Medicare part D

Telamon 517-263-6825 (for migrant workers)

Partnership for Prescription Assistance www.pparx.org or 888-477-2669 RX Assist at www.rxassist.org ,

www.rxhope.com and www.togetherrxaccess.com

People with Disabilities

ARC of Michigan 800-292-7851

Department on Aging 517-264-5280 (wheelchair ramps for all ages)

disAbility Connections 517-782-6054 www.disabilityconnect.org

Goodwill Industries 517-263-2135

HOPE Community Center 517-265-2410

Jasmynn’s Voice 517-264-5468 www.jasmynnsvoice.org (gives individuals with Autism a voice)

Leader Dogs for the Blind 248-651-9011

Lenawee Intermediate School District 517-265-2119

Michigan Association for Children with Emotional Disorders 248-433-2200

Michigan Rehabilitation Services 517-263-0607

Paws with a Cause 616-877-7297 www.pawswithacause.org

Pregnancy and Infant Services

Breastfeeding Support 517-263-7861 Mother-to-Mother Support-Breastfeeding Peer Counselor
Care Pregnancy Center 517-263-5701
Lenawee County Health Department 517-264-5202
New Baby Ministries 517-592-2244 (help with baby items; 3rd Saturday of each month;
10 am - 2 pm at All Saints Episcopal Church, 151 N Main St. Brooklyn)
Tiny Purpose of Blissfield 517-486-2140 (support for loss of a baby)
ProMedica Bixby Hospital 517-263-0711
WIC (Women Infants and Children) at Community Action Agency 517-263-7861
Desde el Primer Momento 734-725-8708 (supports Hispanic/ Latina pregnant moms)

Senior Services

Department on Aging (60+) 517-264-5280
Region 2 Area Agency on Aging 800-335-7881

Senior Centers (www.lenaweeseniors.org)

Addison Senior Center 517-547-5777
Adrian Senior Center 517-263-3585
Blissfield Senior Center 517-486-2397
Britton Golden Senior Center 517-451-4581 dial 147 when msg starts
Hudson Senior Center 517-448-4605
Morenci Senior Center 517-458-2236
Onsted Senior Center 517-467-6917
Tecumseh Senior Center 517-423-5939
A.A.R.P. 866-227-7448

Other Services

Daybreak Adult Day Services 517-266-2588 open 8 am - 4:30 pm M-F
Department on Aging 517-264-5280
Elder Law of Michigan/MiCafe 877-664-2233
Foster Grandparents 517-264-5280
Home-Delivered Meals 517-264-5280
Personal Care Services 517-264-5280
Region 2 on Aging 517-592-1974 or 800-335-7881
Social Security Administration www.socialsecurity.gov 800-772-1213 or
877-512-5943 located in the Human Services bldg. 1040 S. Winter, Adrian, MI 49221

Transportation

Department of Human Services 517-264-6407 (clients only)
Dial a Ride 517-265-6611
Lenawee Transportation 517-265-4444
Department on Aging 517-264-5280 (seniors 60 and older)
Right at Home 877-768-0901 (medical appointments)
Lenawee County Department of Veterans Affairs (Veterans Only) 517-264-5335
Handicap Permits 888-767-6424 (Sec. State)
MDOT Roadwork Hotline 800-641-6368
Michigan State Police Road Conditions Hotline 800-381-8477

Veteran Services

Disabled American Veterans 517-265-3993
Lenawee County Department of Veterans Affairs 517-264-5335

Veterans Benefits Administration 800-827-1000
Veterans Job Services 517-266-5600
Housing Help of Lenawee 517-264-0782
Michigan Department of Military and Veterans Affairs 517-481-8000
American Legion Dept. of Michigan Reconnect Committee Gary Tanner 313-550-4289
or visit www.michiganlegion.org/reconnect

County Resources

Lenawee County General Information 517-263-8831 www.lenawee.mi.us
Lenawee Community Foundation 517-423-1729

Chambers of Commerce

Adrian Area Chamber of Commerce 517-265-2320
Brooklyn-Irish Hills Chamber of Commerce 517-592-8907
Hudson Chamber of Commerce 517-448-8125
Morenci Area Chamber of Commerce 517-458-2419
Onsted Area Chamber of Commerce 517-467-4321
Tecumseh Chamber of Commerce 517-423-3740

County Offices

County Clerk 517-264-4599
Emergency Management Office 517-264-4759
Health Department 517-264-5226 or 517-264-5202
Lenawee Economic Development Corp. 517-265-5141
Prosecuting Attorney 517-264-4640
Road Commission 517-265-6971
Secretary of State 888-767-6424 located at 1040 S Winter St., Adrian, MI
Sheriff's Office business line 517-263-0524
Treasurer's Office 517-264-4554

Libraries

Addison Public Library 517-547-3617
Adrian District Library 517-265-2265
Britton Village Library 517-451-2860
Schultz-Holmes Memorial Library (Blissfield) 517-486-2858
Clayton Library 517-445-2619
Clinton Township Library 517-456-4141
Roberts Ingold Memorial Library (Deerfield) 517-447-3400
Hudson City Library 517-448-3801
Lenawee District Library 517-263-1011
Library of Michigan 517-373-1300
Stair Public Library (Morenci) 517-458-6510
Onsted Branch Library 517-467-2623
Tecumseh District Library 517-423-2238

State & National Resources

AIDS Hotline 800-CDC-INFO or 800-232-4636
A.L.S. of Michigan 800-992-5764
Alzheimer's Association of South Central Michigan 800-272-3900
American Cancer Society 800-227-2345 or www.cancer.org for general information
or request information on a local support specialist.

American Diabetes Association 800-342-2383
American Foundation for the Blind 800-232-5463
American Heart Association 800-242-8721
American Lung Association 248-559-5100
American Parkinson's Association 800-223-2732
Arthritis Foundation Michigan 248-649-2891 or 855-529-2728
Autism Society of Michigan 800-223-6722
Better Business Bureau (BBB) 800-743-4222
Bureau of Services for Blind Persons 800-292-4200
Cancer Information Center 800-422-6237
Children's Leukemia Foundation of Michigan 800-825-2536
Consumer Protection 877-765-8388 (Michigan)
Cystic Fibrosis 800-344-4823
Domestic Violence 800-799-7233 or TTY 800-787-3224, 517-265-6776
Easter Seals 800-292-2729
Epilepsy Foundation of Michigan 800-377-6226
Hearing & Vision Assistance:
Better Hearing www.Betterhearing.org
Eye Care America 800-677-1116
Lions Club 630-571-5466 www.lionsclubs.org
Help America Hear 866-432-7500 or www.EarQ.com; *Hear Now* 800-648-4327 or www.starkeyhearingfoundation.org *Audient Program* 877-283-4368 or www.AudientAlliance.org
Hemophilia Foundation of Michigan 800-482-3041
Huntington's Disease Hotline 800-909-0073
I CAN QUIT LINE 800-537-5666 or 800-480-7848 (tobacco)
Identity Theft Hotline 877-438-4338
It Gets Better 866-488-7386 (866-4-U-TREVOR)
Kidney Foundation 800-482-1455
Medicare/Medicaid Fraud Office of the Inspector General 800-447-8477
Medicaid General Information 800-642-3195
Medicare General Information 800-633-4227
Michigan Association for Deaf, Hearing and Speech 800-968-7327
Michigan Department of Agriculture and Rural Development 800-292-3939
Michigan Department of Community Health 517-373-3740
Michigan Department of Human Services 517-373-2035
Michigan Department of State Police 517-332-2521
Michigan Department of Treasury 517-373-3200
Michigan Gambling Problem Hotline 800-270-7117
Michigan Income Tax information 517-636-4486
Michigan Peer Review Org. 800-365-5899
Michigan Public Service Commission 800-292-9555
Michigan State Parks Reservation Line 800-447-2757
National Human Trafficking Hotline 888-3737-888
National Kidney Foundation of Michigan 800-482-1455
National Multiple Sclerosis Society of Michigan 800-243-5767
Osteoporosis Foundation 800-223-9994
Parkinson's Foundation of Michigan 800-852-9781
Pension Rights Project 800-347-5297
Poison Control / Medication Overdose 800-222-1222

Pollution Alert / DEQ Emergency Service 800-292-4706
Rare Disorders Association 800-999-6673
Social Security/SSI 800-772-1213
Spina Bifida Association 800-621-3141
Stroke Association 800-553-6321
Suicide Prevention 800-273-8255 (800-273-TALK) / www.suicidepreventionlifeline.org
State of Michigan Consumer Aid www.SeniorBrigade.com
United Cerebral Palsy Association of Michigan 800-828-2714
U.S. Internal Revenue Service:
Refunds 800-829-4477 - *General Questions* 800-829-1040 - *Forms* 800-829-3676

Helping Hand, is a streamlined state site that will help the unemployed and others enduring economic hardship to easily find programs and services that may assist them. People will see five color tabs labeled jobs and training, unemployment benefits, health care, family support, and housing. By clicking on those five tabs, people will find links to programs and services for their particular areas of need. Through Helping Hand, people for the first time will be able to apply for food assistance online, without first visiting their local Department of Human Services. Visit <http://www.michigan.gov/helpinghand>

To get answers about U.S. Government benefits call 800-333-4636 or www.Answers.usa.gov

Lenawee County Support Groups

Lenawee Community Mental Health Authority 1040 S Winter St., Suite 1022
517-263-8905 or 800-664-5005

Adrian Andy's Angels 517-270-0403 or adrianandysangels@yahoo.com

Alcoholics Anonymous 517-265-3590 or www.area32d2.org

Arthritis & Fibromyalgia Support Group 517-423-7722 Last Monday of the month 5:30 pm location rotates between two Carter Rehab sites www.carterrehabcenter.com

Autism Support Group 517-263-8905 Mary Poore, Porter Center - Room 190A, Third Wednesday of month 9:30 am - 11 am

Alzheimer's Support Group 517-266-2588 *call for dates and times*

Mens Support Group *1st Friday of the month 2 pm - 3:30 pm* Daybreak Tammy (respite care available)

Celebrate Recovery 517-442-2229 or 734-218-5809 www.celebraterecovery.com

Depression Support Group 517-265-9588; 517-592-1974 Brooklyn/Irish Hills

Every Thursday 3:30pm - 5:00 pm at Interconnections

Diabetes Support Group 517-424-3388 Eva Salsbury, third Tuesday of the month, 10:30 am - 11:30 am at the Human Services Building, 1040 S. Winter St., Adrian or in the evening from 6:30-7:30 pm at Herrick Hospital in Tecumseh.

Divorce Care 517-486-2187 Element Church, Blissfield; Weekly seminar & support group for separated or divorced people, registration requested.

HALO Lenawee 517-270-0403; Every third Wednesday of the month, 7 pm at the Adrian High School Library; support group for families with loved ones with addiction problems

Healing Sexual Assaults & Self-Esteem Groups 517-263-2191

Hospice of Lenawee 517-263-2323 www.hospiceoflenawee.org

Growing Through Grief 1st and 3rd Thursday of the month, 7 pm

Walking with Grief (registration required) please call for more information

Trillium 2nd Thursday of each month 6 pm (for women)

Let's Talk It Over 1st Wednesday of the month

1-on-1 Support, please call for more information

HIV and Recovery Support Groups 734-572-9355 for meeting times and locations

Low-Vision Support Group 517-438-8940

Parents of adults with visual impairments 517-423-9622 M. Williams
Lyme Disease Support Group 517-265-5712 Christina Emery
First Church of the Nazarene second Monday of every month
Man to Man Cancer Support Group 800-ACS-2345 or 248-663-3400
Prostate Cancer Support Group 517-403-9208
Multiple Sclerosis Self Help Group 517-263-3017 Denise or 734-475-6332 Valerie, Second
Thursday of the month, 6-7:30 pm, St. John's Lutheran Church
Narcotics Anonymous 517-612-8471 Angel or 800-230-4085 or www.michigan-na.com
Meets 6 days a week at various times and locations, Adrian
Overeaters Anonymous 517-260-0595 Mary, or 517-918-1672 Mondays 6pm – 7pm Tecumseh United
Methodist Church, Thursdays 7pm – 8pm locations in Adrian, Saturdays 9am – 10am at Siena Heights
Post Abortion Support Group 517-263-5701 Care Pregnancy Center
Parkinson's Support Group Diana Oats 517-265-6007 1st Thursday each month excluding July
& August, please call for more information
Self Esteem and Domestic Violence Awareness 517-264-5733
Thursdays 6-7:30 pm at the Catherine Cobb Domestic Violence Shelter
Stroke Support Group 517-424-3239 (Herrick)
Substance Abuse Group 517-263-2191 Catholic Charities of Lenawee call for information on times/days
Suicide Support Group Lenawee Community Mental Health Authority 517-263-8905 or
www.afsp.org (For information on a group in your area please call 888-333-2377)

Youth Resources

Abuse and Neglect

Crisis Line 800-874-5936
Child Abuse Reporting & Protective Services 855-444-3911

Bullying

www.focusas.com
Bullying Hotline 443-358-4691
www.stopbullying.gov

Counseling

Catholic Charities of Lenawee 517-263-2191
Catherine Cobb Safe House 517-265-5352
Hospice of Lenawee 517-263-2323
Community Mental Health 517-263-8905

Eating Disorders

National Association of Anorexia Nervosa & Associated Disorders 847-831-3438
Eating Disorder Helpline 800-931-2237 www.nationaleatingdisorders.org

Emergency

Dial 911
Lenawee County Sheriff's business line 517-263-0524
Crime Tip Line 266-6161 or 877-276-8477

Health Care Information

Lenawee Health Department 517-264-5226
Poison Control 800-222-1222
Family Medical Center 517-263-1800

Homelessness

Shelter Hotline 800-A-SHELTER

Salvation Army 517-265-2038

Catherine Cobb Domestic Violence Shelter 517-265-6776 (women & children)

Homeless Education 517-266-4837 Chris Howard or chris.howard@lisd.us Adrian Public Schools 517-264-6640 or bmccullough@adrian.k12.mi.us

Housing Help of Lenawee 517-264-0782

Neighbors of Hope 517-265-4019 (men only)

American Legion (veterans only) Gary Tanner 313-550-4289

Human Trafficking

Michigan DHS Hotline 855-444-3911

National Human Trafficking Hotline 888-3737-888

U.S. Department of Homeland Security Tip Line 886-343-2423

Runaway Services

Runaway Hotline 800-RUNAWAY

Do'chas II Counseling 517-759-2880 (teens in crisis)

Scholarships/College Access

Lenawee College Access Network 517-423-1729 or www.lenaweecan.org

Lenawee County Education Foundation 517-265-1626 or www.lenaweecf.org

Michigan Department of Education 517-373-3324

Michigan Student Financial Aid: MI-LOAN 888-643-7521

Student Scholarships and Grants (SSG-Tuition Incentive Program) 888-447-2687

www.financialaidfinder.com

www.micollegeaccess.org

School Violence

School Violence Hotline 800-815-TIPS (8477) available 24/7

Sexual Assault, Domestic Violence, or Rape

Catherine Cobb Domestic Violence Programs 517-265-6776

Rape, Abuse, and Incest National Network www.rainn.org 800-656-HOPE

Domestic Violence Hotline 800-799-7233 (TTY) 800-787-3224

Sexual Health

AIDS & STD Hotline 800-232-4636

Lenawee Health Department 517-264-5226 (screening, birth control, family planning)

Substance Abuse

Catholic Charities of Lenawee County 517-263-2191

Alateen Hotline 888-425-2666 www.al-anon.alateen.org

Alcohol Abuse Hotline 800-622-2255

McCullough, Vargas & Associates, Inc. 517-264-2244 www.mvabhs.com

HALO Lenawee 517-270-0403

Suicide

Yellow Ribbon Suicide Hotline 800-273-TALK (24 hour service)

Catholic Charities of Lenawee County 517-263-2191

Community Mental Health 517-263-8905

Transportation

Lenawee Transportation 517-265-4444
Dial-A-Ride 517-265-6611
Lenawee Taxi 517-266-8912

Youth Crisis

Catherine Cobb Domestic Violence Programs 517-265-6776
Do'chas II Counseling 517-759-2880 (teens in crisis)
Domestic Violence Hotline 800-799-7233
IT GETS BETTER (L.G.B.T.) 866-4-U-TREVOR (866-488-7386)
Listening Ear Crisis Line 517-337-1717
National Human Trafficking Hotline 888-3737-888
National Youth Crisis Hotline 800-442-4673
Rape, Abuse, and Incest National Network www.rainn.org 800-656-HOPE
Runaway Hotline 800-RUNAWAY (800-786-2929)
Suicide Hotline 800-273-TALK (8255)

Youth Programs

4H Youth Programs 517-264-5314
Boys & Girls Club 517-266-9775
Boy Scouts 734-971-7100
Communities in Schools of Lenawee 517-417-KIDZ (5439)
Community Learning Connections of the Tecumseh Area 517-423-7574
Girl Scouts 517-784-8543
Lenawee YOUTH Council 517-423-1729
Lenawee Youth Leadership 517-423-1729
The Centre 517-263-6232
VOLUNTEER Lenawee! <http://volunteerlenawee.org> 517-423-1729
YMCA of Lenawee 517-263-2151