# Lenawee County Resource Guide



**606 North Evans Street** 

Tecumseh, MI 49286

Phone: (517) 423-1729

Fax: (517) 301-4506

www.lenaweecf.com

# **Lenawee Community Foundation Staff:**

Sue Hammersmith ......President & CEO

sue@lenaweecf.com

Paula Trentman ......Program Manager

paula@lenaweecf.com

Janel Garno ......Accountant

janel@lenaweecf.com

Cynthia Heady ......Project Coordinator

cynthia@lenaweecf.com

Karen Januszek ......Donor Services and

karen@lenaweecf.com Information Systems Coordinator

Alissa Reeder ......AmeriCorps VISTA

alissa@lenaweecf.com

Rachel Doyle ......Community Wellness Coach

rachel@lenaweecf.com



FOR GOOD. FOR EVER.

Lenawee Community Foundation P.O. Box 142 606 North Evans Street Tecumseh, Michigan 49286 517.423.1729

If you do not see a resource listed or would like to make corrections, please do not hesitate to contact Paula at the Lenawee Community Foundation. We are here to help.

For an electronic version of this resource guide, please visit our website at <a href="http://www.lenaweecf.com/resource-guide/">http://www.lenaweecf.com/resource-guide/</a>

<u>3</u>	Abuse/Sexual Assault	3	<u>Animals</u>
<u>3</u>	Child Services	<u>3</u>	Clothing/Household Items
<u>4</u>	Counseling	<u>4</u>	Disaster/Emergency Services
<u>4</u>	<u>Employment</u>	<u>4</u>	Food Assistance
<u>7</u>	Housing & Utility Resources	8	<u>Legal Assistance</u>
<u>8</u>	Medical/Dental Services	9	People with Disabilities
9	Pregnancy/Infant Services	9	Senior Services
<u>10</u>	<u>Transportation</u>	<u>10</u>	<u>Veteran Services</u>
<u>10</u>	Wheelchair Ramps	10	County Resources
<u>11</u>	State & National Resources	<u>13</u>	Lenawee Support Groups
<u>14</u>	Youth Resources		

# **Abuse and Sexual Assault Programs**

Catholic Charities of Lenawee 517-263-2191 or 800-874-5936 Family Counseling and Children's Services 517-265-5352 Catherine Cobb Domestic Violence Shelter 517-265-6776 Department of Human Services 517-264-6300 Reporting abuse of Child/Adult 855-444-3911 Region 2 Area Agency on Aging Ombudsman 866-485-9393

### **Animals**

Lenawee Humane Society 517-263-9111 Treasurer's Office Dog Licenses 517-264-4554 Lenawee County Pet Project 517-264-0782 Red Rover Relief <a href="https://www.redrover.org/redrover-relief-grants">www.redrover.org/redrover-relief-grants</a>

# **Child Services**

#### Child Care

Child Care Network 517-264-5324 Department of Human Services 517-264-6300 Lenawee Great Start 1.877.614.7328 or www.greatstarttoquality.org

# Child Support

Department of Human Services/Office of Child Support 866-540-0008 Child Support Complaint Hotline 866-729-5437 Friend of the Court 517-264-4708 (Lenawee)

# Parenting Assistance

Child Protective Services 855-444-3911
Relax-Alternatives to Anger-for parents or general public-classes/resources
www.msue.anr.msu.edu/program/info/alternatives\_to\_anger
Nurturing Families Series-list of resources and classes
www.msue.anr.msu.edu/program/events/nurturing\_families

#### Guardianship Issues

Probate Court 517-264-4614

# Resources for Families with Young Children

Adrian Head Start 517-263-2468 or 517-263-1122

Lenawee Great Start Collaborative 517-263-8931 (office in Porter Center)

# **Clothing and Household Items**

Associated Charities 517-265-7255 (no cost to client)

Goodwill 517-263-2135 (low cost)

Habitat ReStore 517-266-0746 (low cost)

Salvation Army Family Store 517-263-3650 (low cost or no cost based on client needs)

# **Counseling**

At-Home Counseling 517-673-4476

Catholic Charities of Lenawee 517-263-2191

Family Counseling and Children's Services 517-265-5352

Hospice of Lenawee 517-263-2323

Herrick Behavioral Services 517-423-3887

Lenawee Community Mental Health 517-263-8905

Recovery Lifestyles 517-265-9595

Restoration Counseling 517-920-0228

# **Disaster/Emergency Services**

American Red Cross 517-263-1904

Associated Charities 517-265-7255

Catherine Cobb Domestic Violence Shelter 517-265-6776

Lenawee County Community Crisis Team dispatched from

Community Mental Health 517-263-8905 or 1-800-664-5005

Salvation Army 517-265-2038

Victim Service Unit, Lenawee County Sheriff's Department 517-263-0524

#### **Employment**

South Central Michigan Works! 517-266-5627

Goodwill Industries 517-263-2135

Michigan Rehabilitation Services 517-263-0607

Department of Human Services http://www.michigan.gov/helpinghand

Foster Grandparent Program 517-264-5280

Veterans' Employment & Training 517-266-5627

Region 2 Area Agency on Aging 800-335-7881

# **Food Assistance**

Department of Human Services: Supplemental Nutrition Assistance Program (SNAP) 517-264-6300

http://www.michigan.gov/helpinghand

#### **ADDISON**

Addison Congregational Church Food Pantry

202 S. Talbot St.

Contact: 517-547-5527

Serving Addison area, on the last Thursday of the month from 3-5 pm or by appointment in case of

emergency

#### **ADRIAN**

Adrian First Church of the Nazarene 50 Industrial Court Tuesday 10:00am – 2:00pm 517-263-1579

United Methodist Church

1245 W. Maple St.

Contact: Beth Wood of the Dept. on Aging 517-264-5280

For adults 60+ meeting income guidelines. Call for dates of distribution.

The Daily Bread

302 S. Tecumseh St.

517-266-0937

Serves meals on Tuesday, Wednesday, Thursday, Friday, and Saturday, from 11:30 am - 2:15 pm; Food pantry open Tuesday, Thursday, Friday 12:00-2:00 pm (Bring ID, must have ID for everyone in household)

Family Worship Center of Adrian-Fresh Food Initiative

1120 E. Maple

517-417-1003

2<sup>nd</sup> Saturday of the month from 9:00am-11:00am

For low income families, must bring proof of income and valid identification

Neighbors of Hope--Fishes & Loaves Food Pantry

410 East Maumee St.

By appointment only: call Judy Palmer at 517-759-4421

Saint Vincent de Paul Society, (St. Joseph Church) Food Pantry

415 Ormsby St.

517-266-7611

Monday, Wednesday and Friday from 1 - 2:30 pm

The Salvation Army

217 W. Church St.

Contact: Candy Aranda 517-265-2038

Serves hot meals on Monday and Wednesday 4:00 - 5:00 pm

Food pantry open Monday and Thursday (by appointment only) from 8:30-11:30am

Tuesday is the Fresh Food Initiative from 8:30 - 11:30 am

WIC (Women Infants and Children Program) at Community Action Agency

400 W. South St.

517-263-7861

Nutritional and educational program for pregnant or post-partum women, infants and children under age 5 (must meet income guidelines)

Saint Mary's Catholic Church Food Pantry

317 Erie St.

517-266-0378

Monday, Tuesday, Thursday 1 - 3 pm

#### **BLISSFIELD**

First Presbyterian & Lutheran Church Meals 2<sup>nd</sup> & 4<sup>th</sup> Tuesday—Contact Judy MacBeth 517-486-4738 Blissfield Ministerial Association— ELCA Food Pantry Hosted at St Paul's Evangelical Lutheran Church 306 East Jefferson Street---517-486-1457

(for Blissfield, Deerfield, Palmyra, & Riga residents)

Thursdays only by appointment. Eligibility: You must be registered with DHS and receiving SNAP benefits. You may visit the food pantry once a month, up to 8 times per calendar year. Registered SNAP recipient must be present with punch card issued. Please call for further information.

#### **BROOKLYN**

**Brooklyn Food Pantry** 

(for Columbia, Napoleon, or Onsted school districts residents only)

171 Wamplers Lake Rd. - Brooklyn Products Bldg.

517-612-8771

Tuesday and Thursday 10 am - 2 pm

Photo ID and current piece of mail with matching address required

#### **CLINTON**

Clinton Community Food Bank at Clinton United Methodist Church (Clinton school district residents only)
10990 Tecumseh-Clinton Road
517-456-4972 Phyllis Perry
Second Thursday each month 8:30 am - Noon or in case of emergency

Solid Rock Church of Lenawee Food Pantry 112 E. Church Street 517-456-9600 Please call for an appointment

## **DEERFIELD**

Light of Christ Catholic Church

222 Carey Street

Leave message at 517-447-3500 ext.13 Leanne Goodin

2<sup>nd</sup> & 4<sup>th</sup> Wednesdays of the month 1 - 3 pm

Residents of Deerfield, Britton, Petersburg and all our parishioners, once per month

#### **HUDSON**

Sacred Heart Catholic Church Food Pantry sponsored by Hudson Ministry Association (must be a resident of Hudson school district)

207 S. Market St.

Fr. Krupp 517-448-3811, call Tammy to volunteer 517-448-3811

Tuesday and Thursday from 11 am - 1 pm

# MANITOU BEACH

Manitou Road Baptist Church Food Pantry 175 Manitou Rd. 517-547-5516 Rev. Mark Kruchkow or Dale Willson Second Thursday monthly St. Mary's Church on the Lake Food Pantry

450 Manitou Rd.

517-547-7496

Serving nearby community Fridays from 10 am – 12 am

#### **MORENCI**

Morenci Food Pantry Church of the Nazarene

751 N. Summit St.

517-458-7195

Serves only 49256 residents, must show ID. By appt. only M, W, F 9am-1pm

Helping Hands Food Pantry Serving the Morenci Area

Fayette, Ohio

419-335-6150 Joan or 419-237-2301 Edith

Thursday from 1 - 6 pm at the former Gaslight Inn restaurant

# **TECUMSEH**

God's Bread Basket Dinner's On Us

Church of Christ

312 W. Chicago Blvd.

Volunteer Coordinator Lolly 517-424-6020

Serves meals on Tuesday, Wednesday, Thursday & Friday from 6 - 7 pm

Additional meal events on Mondays, call for information

**New Song Community Church** 

5211 South Occidental Hwy.

517-423-3676 call for appointment

Tecumseh Service Club

Contact your local church or call TSC President Colleen Sunderland 517-423-7441

#### **Housing & Utility Resources**

# Home Ownership Repair

Habitat for Humanity of Lenawee 517-265-6157

USDA Rural Development 517-676-1808

Bed Bug Detection Traps (Housing Help of Lenawee) 517-264-0782

Lenawee County Department of Veterans Affairs 517-264-5335

# Home Help

Department on Aging 517-264-5280

Seniors 60 and older can get help with small chores and light housekeeping

# Homeownership Help

Homeownership Education Classes

Online courses, webinars, In Person classes, resources

www.eHomeAmerica.org/msue

#### Homeless Education

Homeless Education Programs of Lenawee 517-266-4529 or 517-264-6640 Beth McCullough

# Money Management

Classes/Online Courses www.eHomeMoney.org

# Rent/Mortgage Assistance

Housing Help of Lenawee 517-264-0782

HUD/Section 8 McKinney, LLC 517-524-8783

Applications at Department of Human Services <a href="http://www.michigan.gov/helpinghand">http://www.michigan.gov/helpinghand</a>

Ogden Bible Church 517-265-6621

Lenawee County Department of Veterans Affairs 517-264-5335

# Temporary Shelter

Catherine Cobb Domestic Violence Shelter 517-265-6776 (women & children)

Housing Help of Lenawee 517-264-0782 (families)

Neighbors of Hope 517-265-4019 (men)

American Red Cross 517-263-1904 (disaster)

Salvation Army 517-265-2038, call for more information

# Utility Assistance

Community Action Agency 517-263-7861 ext. 224

Dept. of Human Services 517-264-6300 (clients only)

Salvation Army 517-265-2038 Candy Aranda

Assurance Wireless Michigan 888-898-4888

American Legion (Veterans only) Gary Tanner 313-550-4289

Ogden Bible Church 517-265-6621

Safe Link Wireless Program provides a free cell phone and airtime each month for eligible customers www.safelink.com

# Rent/ Mortgage/ Foreclosure Resources

Housing Help of Lenawee 517-264-0782

Community Action Agency 517-263-7861 ext. 233

Legal Services of South Central Michigan serving Monroe & Lenawee Counties

M - F 9 am - 5 pm Closed for lunch 12 - 1 pm 888-251-1598

Fair Housing Center 877-979-FAIR or 877-979-3247

Foreclosure Resources www.hud.gov or call 800-569-4287

www.stepforwardmichigan.org or call 866-946-7432

Ogden Bible Church 517-265-6621

"Starting Over After Foreclosure Toolkit" <a href="http://msue.anr.msu.edu/program/mimoneyhealth/startingover">http://msue.anr.msu.edu/program/info/mimoneyhealth</a> (includes resources on money management)

### **Legal Assistance**

Legal Services of South Central Michigan 888-251-1598

Providing local assistance at Community Action Agency on the first and third

Tuesday of the month from 9 am to 12 pm 888-251-1598

Elder Law of Michigan 800-347-5297

Ombudsman 866-485-9393

# **Medical & Dental Services**

#### Dental

Lenawee Dental Clinic at Family Medical Center - 517-263-1800

Hours: Mon-Thurs: 8:00am-6:00pm; Fri: 8:00am-5:00pm

Website: www.familymedicalmi.org

University of Michigan Dental Clinic 734-763-6933 or 888-707-2500

Dental Association of Michigan 800-589-2632 8 am - 5 pm

Dental Care 800-850-5913

#### Medical

Family Medical Center of Michigan Inc., Lenawee County

1200 N. Main St., Adrian 517-263-1800

Hours: Mon-Thurs: 8:00am-6:00pm; Fri: 8:00am-5:00pm

Website: <a href="www.familymedicalmi.org">www.familymedicalmi.org</a>
Diabetic Education Office 517-424-3388

Lenawee County Health Department – 517-264-5288 (Children's Special Health Care Services /children

with disabilities or chronic health conditions insurance program)

Macular Degeneration 517-265-6131 Physician Referral 517-265-0490

HARC - HIV/AIDS Resource Center Medical Case management/ Referrals/Prevention/Testing.

For more information call 734-572-9355 or visit www.hivaidsresource.org

# **Optical**

Programs for the insured or underinsured, please call for more information 517-265-6131 or visit www.tlceyecare.com

# Application for Medical or Dental Assistance

Department of Human Services http://www.michigan.gov/helpinghand

MMAP Medicare/Medicaid Asst. 517-264-5280

Lenawee County Department of Veterans Affairs 517-264-5335

# **Medical Prescriptions**

Maintenance Medicine assists with medication for maintenance www.needymeds.org

World Medical Relief Inc. 313-866-5333

Bristol Meyers Squibb 800-736-0003

AstraZeneca 800-424-3727

Drug Cards that provide a 25-40% savings for people without prescriptions can be found at

www.rxsavingsplus.com, www.yourrxcard.com, and www.rxfreecard.com

Generic Drugs, you can find discounts with generic drugs at www.rxoutreach.com or

800-769-3880 or **www.xubex.xom** or 866-699-8239

Locally Meijer has many free antibiotics and Wal-Mart has many \$4 scripts. To find pharmacies with the lowest prices on your medications go to <a href="https://www.destinationrx.com">www.destinationrx.com</a>

Department On Aging 517-264-5280 provides assistance navigating prescription benefits for ages 60 and older, age 65 Medicare part D

**Telamon** 517-263-6825 (for migrant workers)

Partnership for Prescription Assistance <u>www.pparx.org</u> or 888-477-2669 RX Assist at <u>www.rxassist.org</u>, <u>www.rxhope.com</u> and <u>www.togetherrxaccess.com</u>

# **People with Disabilities**

ARC of Michigan 800-292-7851

Goodwill Industries 517-263-2135

HOPE Community Center 517-265-2410

Leader Dogs for the Blind 248-651-9011

Lenawee Intermediate School District 517-265-2119

Michigan Association for Children with Emotional Disorders 248-433-2200

Michigan Rehabilitation Services 517-263-0607

Paws with a Cause 616-877-7297 www.pawswithacause.org

disAbility Connections 517-782-6054 www.disabilityconnect.org

### **Pregnancy and Infant Services**

Breastfeeding Support 517-264-5302 Mother-to-Mother Support <a href="mailto:ramosjen@msu.edu">ramosjen@msu.edu</a>

Care Pregnancy Center 517-263-5701

Lenawee County Health Department 517-264-5202

New Baby Ministries 517-592-2244 (help with baby items; 3<sup>rd</sup> Saturday of each month;

10 am - 2 pm at All Saints Episcopal Church, 151 N Main St. Brooklyn)

Tiny Purpose of Blissfield 517-486-2140 (support for loss of a baby)

ProMedica Bixby Hospital 517-263-0711

WIC (Women Infants and Children) at Community Action Agency 517-263-7861

#### **Senior Services**

Department on Aging (60+) 517-264-5280

Region 2 Area Agency on Aging 800-335-7881

# Senior Centers (<u>www.lenaweeseniors.org</u>)

Addison Senior Center 517-547-5777

Adrian Senior Center 517-263-3585

Blissfield Senior Center 517-486-2397

Britton Golden Senior Center 517-451-4581 dial 147 when msg starts

Hudson Senior Center 517-448-4605

Morenci Senior Center 517-458-2236

Onsted Senior Center 517-467-6917

Tecumseh Senior Center 517-423-5939

A.A.R.P. 866-227-7448

#### **Other Services**

Daybreak Adult Day Services 517-266-2588 open 8 am - 4:30 pm M-F

Department on Aging 517-264-5280

Elder Law of Michigan/MiCafe 877-664-2233

Foster Grandparents 517-264-5280

Personal Care Services 517-264-5280

Region 2 on Aging 517-592-1974 or 800-335-7881

Social Security Administration www.socialsecurity.gov 800-772-1213 or

877-512-5943 located in the Human Services bldg. 1040 S. Winter, Adrian, MI 49221

# **Transportation**

Department of Human Services 517-264-6407 (clients only)

Dial a Ride 517-265-6611

Lenawee Transportation 517-265-4444

Department on Aging 517-264-5280 (seniors 60 and older)

Right at Home 877-768-0901 (medical appointments)

Lenawee County Department of Veterans Affairs (Veterans Only) 517-264-5335

Handicap Permits 888-767-6424 (Sec. State)

MDOT Roadwork Hotline 800-641-6368

Michigan State Police Road Conditions Hotline 800-381-8477

### **Veteran Services**

Disabled American Veterans 517-265-3993

Lenawee County Department of Veterans Affairs 517-264-5335

Veterans Benefits Administration 800-827-1000

Veterans Job Services 517-266-5600

Housing Help of Lenawee 517-264-0782

Michigan Department of Military and Veterans Affairs 517-481-8000

American Legion Dept. of Michigan Reconnect Committee Gary Tanner 313-550-4289

or visit www.michiganlegion.org/reconnect

# **Wheelchair Ramps**

Department on Aging 517-264-5280 (all ages)

# **County Resources**

Lenawee County General Information 517-263-8831 www.lenawee.mi.us Lenawee Community Foundation 517-423-1729

# Chambers of Commerce

Adrian Area Chamber of Commerce 517-265-2320

Brooklyn-Irish Hills Chamber of Commerce 517-592-8907

Hudson Chamber of Commerce 517-448-8125

Morenci Area Chamber of Commerce 517-458-2419

Onsted Area Chamber of Commerce 517-467-4321

Tecumseh Chamber of Commerce 517-423-3740

#### County Offices

County Clerk 517-264-4599

Health Department 517-264-5226 or 517-264-5202

Lenawee Economic Development Corp. 517-265-5141

Prosecuting Attorney 517-264-4640

Road Commission 517-265-6971

Secretary of State 888-767-6424 located at 1040 S Winter St., Adrian, MI

Sheriff's Office business line 517-263-0524

Treasurer's Office 517-264-4554

#### Libraries

Addison Public Library 517-547-3617

Adrian District Library 517-265-2265

Britton Village Library 517-451-2860

Schultz-Holmes Memorial Library (Blissfield) 517-486-2858

Clayton Library 517-445-2619

Clinton Township Library 517-456-4141

Roberts Ingold Memorial Library (Deerfield) 517-447-3400

Hudson City Library 517-448-3801

Lenawee District Library 517-263-1011

Library of Michigan 517-373-1300

Stair Public Library (Morenci) 517-458-6510

Onsted Branch Library 517-467-2623

Tecumseh District Library 517-423-2238

# **State & National Resources**

**AIDS Hotline** 800-CDC-INFO or 800-232-4636

**A.L.S. of Michigan** 800-992-5764

Alzheimer's Association of South Central Michigan 800-272-3900

**American Cancer Society** 800-227-2345 or <a href="www.cancer.org">www.cancer.org</a> for general information

or request information on a local support specialist.

**American Diabetes Association** 800-342-2383

**American Foundation for the Blind** 800-232-5463

**American Heart Association** 800-242-8721

**American Lung Association** 248-559-5100

American Parkinson's Association 800-223-2732

**Arthritis Foundation Michigan** 248-649-2891 or 855-529-2728

Autism Society of Michigan 800-223-6722

Better Business Bureau (BBB) 800-743-4222

**Bureau of Services for Blind Persons** 800-292-4200

Cancer Information Center 800-422-6237

Children's Leukemia Foundation of Michigan 800-825-2536

**Consumer Protection** 877-765-8388 (Michigan)

**Cystic Fibrosis** 800-344-4823

**Domestic Violence** 800-799-7233 or TTY 800-787-3224, 517-265-6776

Easter Seals 800-292-2729

**Epilepsy Foundation of Michigan** 800-377-6226

**Hearing & Vision Assistance**:

Better Hearing www.Betterhearing.org

Eye Care America 800-677-1116

Lions Club 630-571-5466 www.lionsclubs.org

Help America Hear 866-432-7500 or www.EarO.com; Hear Now 800-648-4327 or

www.starkeyhearingfoundation.org Audient Program 877-283-4368 or

www.AudientAlliance.org

Hemophilia Foundation of Michigan 800-482-3041

**Huntington's Disease Hotline** 800-909-0073

**I CAN QUIT LINE** 800-537-5666 or 800-480-7848 (tobacco)

**Identity Theft Hotline** 877-438-4338

**It Gets Better** 866-488-7386 (866-4-U-TREVOR)

**Kidney Foundation** 800-482-1455

Medicare/Medicaid Fraud Office of the Inspector General 800-447-8477

**Medicaid General Information** 800-642-3195

**Medicare General Information** 800-633-4227

Michigan Association for Deaf, Hearing and Speech 800-968-7327

Michigan Department of Agriculture and Rural Development 800-292-3939

Michigan Department of Community Health 517-373-3740

Michigan Department of Human Services 517-373-2035

Michigan Department of State Police 517-332-2521

Michigan Department of Treasury 517-373-3200

Michigan Gambling Problem Hotline 800-270-7117

**Michigan Income Tax information** 517-636-4486

Michigan Peer Review Org. 800-365-5899

Michigan Public Service Commission 800-292-9555

Michigan State Parks Reservation Line 800-447-2757

National Kidney Foundation of Michigan 800-482-1455

National Multiple Sclerosis Society of Michigan 800-243-5767

Osteoporosis Foundation 800-223-9994

Parkinson's Foundation of Michigan 800-852-9781

Pension Rights Project 800-347-5297

Poison Control / Medication Overdose 800-222-1222

Pollution Alert / DEQ Emergency Service 800-292-4706

Rare Disorders Association 800-999-6673

Social Security/SSI 800-772-1213

Spina Bifida Association 800-621-3141

Stroke Association 800-553-6321

Suicide Prevention 800-273-8255 (800-273-TALK) / www.suicidepreventionlifeline.org

State of Michigan Consumer Aid www.SeniorBrigade.com

United Cerebral Palsy Association of Michigan 800-828-2714

**U.S. Internal Revenue Service:** 

**Refunds** 800-829-4477

General Questions 800-829-1040

Forms 800-829-3676

Telemarketing "Do Not Call" Enrollment 888-382-1222

**Helping Hand**, is a streamlined state Web site that will help the unemployed and others enduring economic hardship to easily find programs and services that may assist them. People will see five color tabs labeled jobs and training, unemployment benefits, health care, family support, and housing. By clicking on those five tabs, people will find links to programs and services for their particular areas of need. Through Helping Hand, people for the first time will be able to apply for food assistance online, without first visiting their local Department of Human Services. Visit <a href="http://www.michigan.gov/helpinghand">http://www.michigan.gov/helpinghand</a>

To get answers about U.S. Government benefits call 800-333-4636 or www.Answers.usa.gov

# **Lenawee County Support Groups**

Lenawee Community Mental Health Authority 1040 S Winter St., Suite 1022

517-263-8905 or 800-664-5005

Adrian Andy's Angels 517-270-0403 or adrianandysangels@yahoo.com

Alcoholics Anonymous 517-265-3590 or www.area32d2.org

**Arthritis & Fibromyalgia Support Group** 517-423-7722

Last Monday of the month 5:30 pm location rotates between two Carter Rehab sites www.carterrehabcenter.com

Autism Support Group 517-263-8905 Mary Poore, Porter Center - Room 190A,

Third Wednesday of month 9:30 am -11 am

**Alzheimer's Support Group** 517-266-2588 call for dates and times

Mens Support Group 1st Friday of the month 2 pm - 3:30 pm

Daybreak Tammy Jewell (respite care available)

Celebrate Recovery 517-442-2229 or 734-218-5809 www.celebraterecovery.com

**Depression Support Group** 517-265-9588; 517-592-1974 Brooklyn/Irish Hills

Every Thursday 3:30pm - 5:00 pm at Interconnections

Diabetes Support Group 517-424-3388 Eva Salsbury, third Tuesday of the month,

10:30 am - 11:30 am at the Human Services Building, 1040 S. Winter St., Adrian or in the evening from 6:30-7:30 pm at Herrick Hospital in Tecumseh.

**Divorce Care** 517-486-2187 Element Church, Blissfield; Weekly seminar & support group for separated or divorced people, registration requested.

**HALO Lenawee** 517-270-0403; Every third Wednesday of the month, 7 pm at the Adrina High School Library; support group for families with loved ones with addiction problems

Healing Sexual Assaults & Self-Esteem Groups 517-263-2191

Hospice of Lenawee 517-263-2323 www.hospiceoflenawee.org

Growing Through Grief 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month, 7 pm

Walking with Grief (registration required) please call for more information

Trillium 2<sup>nd</sup> Thursday of each month 6 pm (for women)

Let's Talk It Over 1st Wednesday of the month

1-on-1 Support, please call for more information

HIV and Recovery Support Groups 734-572-9355 for meeting times and locations

Low-Vision Support Group 517-438-8940

Parents of adults with visual impairments 517-423-9622 M. Williams

**Lyme Disease Support Group** 517-265-5712 Christina Emery

First Church of the Nazarene second Monday of every month

Man to Man Cancer Support Group 800-ACS-2345 or 248-663-3400

**Prostate Cancer Support Group** 517-403-9208

Multiple Sclerosis Self Help Group 517-263-3017 Denise or 734-475-6332 Valerie, Second

Thursday of the month, 6-7:30 pm, St. John's Lutheran Church

Narcotics Anonymous 517-612-8471 Angel or 800-230-4085 or www.michigan-na.com

Meets 6 days a week at various times and locations, Adrian

Overeaters Anonymous 517-260-0595 Mary, or 517-918-1672 Mondays 6pm – 7pm Tecumseh United Methodist Church, Thursdays 7pm – 8pm locations in Adrian, Saturdays 9am – 10am at Siena Heights

Post Abortion Support Group 517-263-5701 Care Pregnancy Center

Parkinson's Support Group Diana Oats 517-265-6007 1st Thursday each month excluding July

& August, please call for more information

**Self Esteem and Domestic Violence Awareness** 517-264-5733

Thursdays 6-7:30 pm at the Catherine Cobb Domestic Violence Shelter

**Stroke Support Group** 517-424-3239 (Herrick)

Substance Abuse Group 517-263-2191 Catholic Charities of Lenawee call for information on times/days

Suicide Support Group Lenawee Community Mental Health Authority 517-263-8905 or

www.afsp.org (For information on a group in your area please call 888-333-2377)

# **Youth Resources**

Abuse and Neglect

Crisis Line 800-874-5936

Child Abuse Reporting & Protective Services 855-444-3911

### **Bullying**

www.focusas.com

**Bullying Hotline 443-358-4691** 

# www.stopbullying.gov

# Counseling

Catholic Charities of Lenawee 517-263-2191 Family Counseling & Children's Services 517-265-5352 Hospice of Lenawee 517-263-2323 Community Mental Health 517-263-8905

#### **Eating Disorders**

National Association of Anorexia Nervosa & Associated Disorders 847-831-3438 Eating Disorder Helpline 800-931-2237 www.nationaleatingdisorders.org

# **Emergency**

Dial 911

Lenawee County Sheriff's business line 517-263-0524 Crime Tip Line 266-6161 or 877-276-8477

# Health Care Information

Lenawee Health Department 517-264-5226 Poison Control 800-222-1222 Family Medical Center 517-263-1800

#### **Homelessness**

Shelter Hotline 800-A-SHELTER Salvation Army 517-265-2038

Catherine Cobb Domestic Violence Shelter 517-265-6776 (women & children)

Homeless Education 517-266-4837 Chris Howard or <a href="mailto:chris.howard@lisd.us">chris.howard@lisd.us</a> Adrian Public Schools 517-

264-6640 or bmccullough@adrian.k12.mi.us

Housing Help of Lenawee 517-264-0782

Neighbors of Hope 517-265-4019 (men only)

American Legion (veterans only) Gary Tanner 313-550-4289

#### Runaway Services

Runaway Hotline 800-RUNAWAY

Do'chas II Counseling 517-759-2880 (teens in crisis)

# Scholarships/College Access

Lenawee College Access Network 517-423-1729 or www.lenaweecan.org

Lenawee County Education Foundation 517-265-1626 or www.lenaweecef.org

Michigan Department of Education 517-373-3324

Michigan Student Financial Aid:

MI-LOAN 888-643-7521

Student Scholarships and Grants (SSG-Tuition Incentive Program) 888-447-2687

www.financialaidfinder.com

www.micollegeaccess.org

# School Violence

School Violence Hotline 800-815-TIPS (8477) available 24/7

# Sexual Assault, Domestic Violence, or Rape

Catherine Cobb Domestic Violence Programs 517-265-6776

Rape, Abuse, and Incest National Network www.rainn.org 800-656-HOPE

Domestic Violence Hotline 800-799-7233 (TTY) 800-787-3224

#### Sexual Health

AIDS & STD Hotline 800-232-4636

Lenawee Health Department 517-264-5226 (screening, birth control, family planning)

#### Substance Abuse

Catholic Charities of Lenawee County 517-263-2191

Alateen Hotline 888-425-2666 www.al-anon.alateen.org

Alcohol Abuse Hotline 800-622-2255

McCullough, Vargas & Associates, Inc. 517-264-2244 www.mvabhs.com

HALO Lenawee 517-270-0403

#### Suicide

Yellow Ribbon Suicide Hotline 800-273-TALK (24 hour service)

Catholic Charities of Lenawee County 517-263-2191

Family Counseling and Children's Services 517-265-5352

Community Mental Health 517-263-8905

# **Transportation**

Lenawee Transportation 517-265-4444

Dial-A-Ride 517-265-6611

Lenawee Taxi 517-266-8912

### Youth Crisis

Catherine Cobb Domestic Violence Programs 517-265-6776

Do'chas II Counseling 517-759-2880 (teens in crisis)

Domestic Violence Hotline 800-799-7233

IT GETS BETTER (L.G.B.T.) 866-4-U-TREVOR (866-488-7386)

Listening Ear Crisis Line 517-337-1717

National Youth Crisis Hotline 800-442-4673

Rape, Abuse, and Incest National Network www.rainn.org 800-656-HOPE

Runaway Hotline 800-RUNAWAY (800-786-2929)

Suicide Hotline 800-273-TALK (8255)

#### Youth Programs

4H Youth Programs 517-264-5314

Boys & Girls Club 517-266-9775

Boy Scouts 734-971-7100

Communities in Schools of Lenawee 517-417-KIDZ (5439)

Communities in Schools of the Tecumseh Area 517-423-7574

Girl Scouts 517-784-8543

Lenawee YOUTH Council 517-423-1729

Lenawee Youth Leadership 517-423-1729

The Centre 517-263-6232

VOLUNTEER Lenawee! http://volunteerlenawee.org 517-423-1729

YMCA of Lenawee 517-263-2151